



Buddy's Quiz: Packing an Earth Healthy Lunch

Choose the most Earth-friendly product container in each group below.

1. Fruit Juice

- Aluminum Can
- Waxed Box (can't recycle)

3. Soup

- Styrofoam Cup (can't recycle)
- Tin Can
- Tupperware you reuse

5. Soda Pop

- Aluminum Can
- #1 Plastic Bottle

6. Paper Towels

- Disposable paper towel
- Reusable Cloth Towels

8. Milk

- #2 Plastic container
- Waxed Paperboard (can't recycle)
- Glass (returnable and reusable)

10. Sandwich

- Tupperware that you can reuse
- Plastic bag that you reuse
- Plastic bag you throw away

11. Lunch Box/Sack

- Paper bag you throw away
- Paper bag you reuse
- Lunch pail you reuse

**Buddy says "Don't forget
to recycle!"**

